7 AREAS OF EXCELLENCE

If you have to change something- you have to measure it!



EVOKING EXCELLENCE and WELLNESS IN OTHERS

Figure 1: Understanding the Conceptual Framework of Wellness Excellence It is my dream to help as many people as possible to live a life of excellence and that they radiate from the inside out

- Do your online wellness assessments from home.
- Quick turnaround time and assessment outcome.
- Don't shoot in the dark. Fix the real issues and get to the roots.
- Select and agree on your combo (any 3-5 assessments).
- Heart-to-heart interactive either life or Zoom implementation sessions.
- On-going personal and relevant guidance when you need it.

1. PERSONAL EXCELLENCE

	Need	Link
1	Anger Management: Have you been the	https://forms.gle/V9q9BDCnjn7GmkWD7
	victim of real or perceived injustice?	
	Have you been hurt by rejection or	
	someone's unkind words? Do you feel a	
	sense of frustration because of unmet	
	expectations?	
2	Anxiety	https://forms.gle/5ZHkuQu9Pg56BU7GA
3	Conducting Detox- Gather, Reflection,	https://forms.gle/6gJAhnvtXgobRGhi8
	Write, Rewrote, Active Reach	
4	Confirming Your Beliefs About Yourself	
	and Others	https://forms.gle/B7z8TbmwwrbdP6hh9
5	Defining Virtues- Love, Joy, Peace, Self-	
	Control, Hope, Patience, Kindness,	
	Faithfulness, Gentleness, Humility	https://forms.gle/7bhahDAPpbd6kxgB6
6	Determining Your Purpose: Part A-	
	Passion and Different Realities	https://forms.gle/qmtzSF5RYgQYnThy6
7	Determining Your Purpose: Part B-	
	Positive Outlook	https://forms.gle/co12VoNX9NZY4q4SA
8	Emotional Wellness: Part 1- The Impact	
	of Life Events	https://forms.gle/qhVkrCwDkwt6bxEb6
9	Emotional Wellness: Part 2- Emotional	
	Expression and Awareness	https://forms.gle/zQ9UfRWRcp1kk84J8
10	Emotional Wellness: Part 3 - Creativity,	
	Resilience and Discontent	https://forms.gle/HzJYugiXcA2D2eQo8
11	Emotional Wellness: Part 4 - Values,	
	Trust, Outlook, Integrity and Personal	
	Power	https://forms.gle/LNXMSu7qr6XKtem6A
12	Emotional Wellness: Part 5 -	
	Relationship Quotient and Optimal	
	Performance	https://forms.gle/WMbuGSpxL2nykQa26
13	Emotional Wellness: Part 6 - General	
	Health Events	https://forms.gle/X5h55fWsrWSyUGXDA

14	Energy Sappers- Respond to Stress	
	Matters	https://forms.gle/sh6naLW4BpbQkjpLA
15	Enhancing Brain Preferences	https://forms.gle/vHG2cE6FY5h3F52MA
16	Feeling trapped in a storm	https://forms.gle/X6gGEaHEKeT81bHK7
17	Finding your Strengths - Part One	https://forms.gle/pUM96WTsvLRUDYup9
18	Finding your Strengths - Part Two	https://forms.gle/rzesZh93e9j6te5P6
19	Generic Counselling Needs	https://forms.gle/ktY5szegwG2xYVWx6
20	Getting to The Root of Insecurities-	
	Neglect of Identity, Security, Affirmation	
	and Sound Authority	https://forms.gle/YvjA6DFAVy8L2Qiy6
21	Happiness and Purpose- Creating Your	
	Reality	https://forms.gle/7FQQJieRYrfLwHew6
22	Hope: Hope is a word we throw around	https://forms.gle/MJZ8NqjBXoRnzYWUA
	every day and sometimes we find	
	ourselves feeling emotionally	
	overwhelmed in turbulent times	
23	How do you feel right now	https://forms.gle/gsFR2gTdsbhSNhpk8
24	Identify your values	https://forms.gle/XHeakEqD3v9g1FT89
25	Identiteit - Deel 8: Beroepsaktiwiteite	https://forms.gle/3PFPqSfBBABpHcQn7
26	Identiteit - Deel 2 Vermoens	https://forms.gle/DfAbpxs79f3dV5tQ9
27	Identiteit - Deel 3 Belangstellings	https://forms.gle/z28tHZxQ1EjdyyjF6
28	Identiteit - Deel 4 Karakter	https://forms.gle/xs1bcv7AV69JZaPN7
29	Identiteit - Deel 5 Prioriteite	https://forms.gle/mzMU4k2it8URQz5P6
30	Identiteit - Deel 6 Jou Storie	https://forms.gle/UU2YMeJW6ZEVQhsz5
31	Identiteit - Deel 7 Lewensdoel	https://forms.gle/NKafqm2QmGZR2nUE7
32	Identiteit: - Deel 1 Persoonlikheidstyl	https://forms.gle/GaYAV2m1SDyYRsvy7
33	Initiating Griefshare – Identify Where	
	You Are in Your Journey of Grief and	
	Hurt	https://forms.gle/GpZerUSpwnC4dgBi9
34	Mapping Energy Levels- Identify Where	
	You Are in These Different Activities	https://forms.gle/12TRhc6rgToL5JmN9
35	My EQ Radar - Section 1 - Self-Regard,	
	Affirmation, Meaning and Identity	https://forms.gle/LTsps7g12P9QdBRA6
36	My EQ Radar - Section 2 - Engagement,	
	Assertiveness, Compassion	https://forms.gle/DFpSqQPWwAEe3ckV6
37	My EQ Radar - Section 3 - Resilience,	
	Stress, Love, Empathy, Compassion	https://forms.gle/CYMWHwwvPjjf2b6T9
38	My EQ Radar - Section 4 - Security, Self-	
	Management and Quality of Life	https://forms.gle/Rsor4JNjubVNAzRC6

39	My EQ Radar - Section 5 - Self-Control	
39	My EQ Radal - Section 5 - Sen-Control	
	and Problem-Solving	https://forms.gle/jsrYzmGXhMtFxN6m6
40	My EQ Radar - Section 6 - Engagement	
	Versus Disengagement	https://forms.gle/6JvBcbgafpsY3yts8
41	My EQ Radar - Section 7- Emotional	
	Seasons	https://forms.gle/WV8gKBjrGfqvBnKL8
42	My Skool Belewenis	https://forms.gle/NLjjvjtpr8hpjqC4A
43	Personal Style Inventory- Giving You A	
	Picture of The Shape of Your	
	Preferences and Unique Personality	
	Shapes	https://forms.gle/p12NNcGpMD4kX4aq5
44	Selfbestuur - Belewenis	https://forms.gle/J5pYMS2Li4qg7sNn8
45	Testing Learning Styles- Visual, Kinetic,	
	Logical, Language-orientated Learner	https://forms.gle/9pNomedpNQinhHCv8
46	Wellness Part 1: Recent Life Events	https://forms.gle/Fnn2xdFFx9bQfxxV6
47	Wellness Part 2: Control of Life	https://forms.gle/mQryoqZq2rToVkgT8
48	Wellness Part 3: Health Habits &	
	Personal Preferences	https://forms.gle/Kvue7W2AMG3kksMi6
49	Wellness Part 4: Describe Your Job	https://forms.gle/Jdc8ZX3Gzj1WPxns6
50	Wellness Part 5: Attitudes & Feelings	
	About Your Job	https://forms.gle/EZme8eyA24u43VXEA
51	Wellness Part 6: Heart Diseases	https://forms.gle/muwX16qSMrbHet3i9
52	Wellness Part 7: Relationships	https://forms.gle/SjfidJobPQ6KLCWD7

2. CAREER EXCELLENCE

1	Accelerate Your Performance - How Best	
	to Engage You Towards Accelerating	
	Higher Performance at This Stage	https://forms.gle/mbmfdSJ1S44H2jSz7
2	Anxiety, Stress and Burnout: External	
	and Internal Factors	https://forms.gle/SGnapdPRKB7hFSJ96
3	Anxiety, Stress and Burnout: Symptoms	https://forms.gle/jadC6NyFBTA89eHT9
4	Anxiety, stress and Burnout;	
	Considering the Root causes and taking	
	action	https://forms.gle/EYzmebtVdXFsABSH8

5	Bringing Your Plans into Reality- Create	
	Momentum and Get into The Flow of	
	Transforming Your Life	https://forms.gle/qU8aX65iB6Sghi7X9
6	Career and Life Management	https://forms.gle/1TyegBU9ayDgJtpE7
7	Career Development - Assisting You in	
	Personal Development and Setting	
	Career Directed Goals.	https://forms.gle/DbdkQdQzJDq7n3BAA
8	Career Direct Follow-up coaching	https://forms.gle/z4pB14DDwJtpigYQ9
9	Career preferences, career fields,	https://forms.gle/6U4ri8H71ULVQbpy6
	activities and environments	
10	Changing Quality of Life - How You Feel	
	About Your Health, Job, And Other	
	Aspects of Your Life.	https://forms.gle/vaGSL6uPj59Vtnba9
11	Coaching and Mentoring- Change the	
	Way You Play the Game	https://forms.gle/rNx3WjFYhxt73bATA
12	Coaching and Mentoring Questions to	
	Develop Leaders: Part 1 Relating	https://forms.gle/5f178AQf6cjJRF4y9
13	Coaching and Mentoring Questions to	
	Develop Leaders: Part 2 Reflection	https://forms.gle/T3WzPA2nmzuC84Tk9
14	Coaching and Mentoring Questions to	
	Develop Leaders: Part 3 Reviewing	https://forms.gle/r5hJDCZFyD67KZtd9
15	Coaching and Mentoring Questions to	
	Develop Leaders: Part 4 Refocus	https://forms.gle/jHjdFd91QXUCRFGM7
16	Coaching and Mentoring Questions to	
	Develop Leaders: Part 5 Spiritual	https://forms.gle/8vL35CvdKZ5vf37d8
17	Deal with Tough Times- Dealing with	
	Psychological Survival and Challenges	https://forms.gle/BWg1ruyDuyzXHF1H9
18	Educational Career Direct assessment	https://forms.gle/Xx8GQKyGjLa5NbTm9
19	Ensuring Job Satisfaction – Evaluate	
	Whether Internal and External Aspects of	
	The Job Meet Individual Expectations.	https://forms.gle/iDCC7rfmi2vzKQPbA
20	Entrepreneurial Strengths and Talents	https://forms.gle/wfPdPm5d3KFgb9X3A
21	Entrepreneurship That Prospers- Ten	
	Critical Success Factors	https://forms.gle/1XjCYjm1815WukAK8
22	EQ Heartbeat- Guide You to Heightened	
	Awareness of Ways How EQ Can Help	
	You Get the Results You Require.	https://forms.gle/tjc8u2QpqSLdMsFJ9

23	Establishing Strengths- Refine and	
	Practice Your Strengths to Achieve	
	Excellence	https://forms.gle/khnAkDvyJ9iD1C1PA
24	Fixing Stumbling Blocks – Identifying	
	Habitual Thoughts or Unquestioned	
	Beliefs.	https://forms.gle/TYqSTa9uhj23qEg89
25	Focus: Personal Balanced Scorecard-	
	Who You Are, Where Are You Going,	
	Your Uniqueness, Measuring Results	https://forms.gle/fR9CGJLA6eVKUESq5
26	Identifying Coaching Needs- Looking at	
	Who You Are, Who You Want to Be and	
	What Is Important to You	https://forms.gle/zyUJ3v7byVL4o2DX9
27	Job Interview Personal Coaching	https://forms.gle/mqj5WuvoD9WEfJg48
28	Measuring Blind Spots and	
	Accountability- Quality Time, Family,	
	Relationships. Good Steward, Diligent at	
	Work	https://forms.gle/XToSYCPh3T3444j29
29	Obtaining Value Proposition – Determine	
	You're Set of Characteristics That Define	
	Your Brand	https://forms.gle/WHudUsv8vR9qmBnx9
30	Occupational Career Direct Assessment	https://forms.gle/r1uJaxgWh3jnEyeYA
31	Occupational Interest Survey Part One	https://forms.gle/WUgiYyhuFAoH5ZnW9
32	Occupational Interest Survey Part Three	https://forms.gle/ACYfiwKBM5wvtNLJ7
33	Occupational Interest Survey Part Two	https://forms.gle/hd3Np55NkJZnMKE6A
34	Overcoming Resilience Setbacks	https://forms.gle/r2tgzQTogkhzEysr8
35	Resilience Meter- Competency,	
	Optimism, Potency, Usefulness,	
	Belonging	https://forms.gle/TsFDw28dm8emXQ8bA
36	Resolving the Conflict - Understanding	
	of The Conflict Issues Related to Your	
	Organisational Strategic Focus Areas.	https://forms.gle/jjDd4bDNG7uo9Mby5
37	Reviewing Career Wellness - Discover	
	Your Talents, Ignite Your Passion, And	
	Realize Your Potential.	https://forms.gle/9HHqeAjbDQ72iaLd6
38	Screening Half Time- Struggles, Survival,	
	Success, Significance, Surrender	https://forms.gle/wxV9i1WoySL15GFN6
39	See the Big Picture- See Your Life from	
	A New Perspective, Develop Qualities to	
1	Take Your Life to The Next Level.	https://forms.gle/amaPNY6nn3LVwo4z7

40	Solving the One Thing- What Obstacles	
	Are the Team Currently Having and	
	Where Are You Under Pressure in Your	
	Team?	https://forms.gle/vUVe2Ye3m7ksFiYE8
41	Success to significance. People with	
	different career seasons ask different	
	questions. This assessment will guide	
	you to discover options on how you can	https://forms.gle/fwaZLTsaGfnQnQoH8
	spend the rest of your life	
42	Turn-Ons & Turn-Offs – Areas That Can	
	Promote A Great Workplace or Areas	
	(Turn-Offs) That Can Cause Irritation,	
	Frustration and Dysfunction.	https://forms.gle/q64rnBGGAfsKXgap7
43	Value Your True Essence - Focus on	
	Your Achievements and Strengths	https://forms.gle/Mfuq7Q1eGZnM9Wko8
44	Work values	https://forms.gle/2qmZiJnSBnNN9rY78
45	Your Career Planning - Making Informed	
	Career Decisions and Study Choices	https://forms.gle/x2bnt7uD2MZWBqRU8
46	Your Happiness Indicator - Words and	
	Phrases to Describe You and How You	
	Feel About Your Present Life.	https://forms.gle/V6h4KomQSpyARh9X6
47	Your next level of success-	
	Understanding your calling, creativity,	
	courage, support, encouragement, self-	
	belief and action	https://forms.gle/z3vkJzFjJR4G95ZAA

3. FAMILY EXCELLENCE

1	A Traumatic Experience	https://forms.gle/CYevH48S8FBkWHDo6
2	Attract the Relationships That You Want -	
	Understanding Relationships and How to	
	Improve Your Power of Communication	
	and Synergy	https://forms.gle/3oWUNhLBH7xU6YXeA
3	Build the Right Foundations- Building	
	Strong Character Foundations	https://forms.gle/fcedi82xfEEVXTrp9

4	Check Your Heart - Hardened, Alienated,	
	Forgiving, Prideful, Humble	https://forms.gle/cEFiTQ4ZkRmeYxB16
5	Covenant Checklist-Commit, Offer, View,	
	Eliminate, Nurture, Ask, Nourish, Turn	https://forms.gle/VuMukGxK6g3k1U6A7
6	Deal with Stress Symptoms - Living A	
	Balanced Life and Assess Your Various	
	Stress Symptoms	https://forms.gle/e789HZLn2znFE1XJ6
7	Determining Real Results- Clarify Your	
	Vision, Goals and Virtues	https://forms.gle/XpiEkEvFhMca3Nyp9
8	Dysfunctional Families – Measuring	
	Timeless, Unchanging Principles	https://forms.gle/NabmyPq6yHnWC6XD7
9	Encouraging Joyfulness- Identify New	
	Levels of Joyfulness	https://forms.gle/dNjvthH53DDRtLa1A
10	Exploring Bullying Identify and Dealing	
	with Bullying	https://forms.gle/nNv8Q753PsFhV3oj7
11	Fulfilment: Myth or Reality- Uncover Your	
	Pain, Fears, Limiting Beliefs and Blind	
	Spots	https://forms.gle/Admn4SD4fmJxTTpT9
12	Deep Marriage Conversations: Part 1-	
	Covenant, One- Flesh Flowing Together,	
	Forgiveness, Sowing and Reaping	https://forms.gle/GbiKSPibLgv4fgBy5
13	Deep Marriage Conversations Part 2- Roles,	
	Responsibilities and Accountabilities,	
	Synergism	https://forms.gle/txceRL3xXgWVgMrd6
14	Deep Marriage Conversations: Part 3 –	
	Vision, Intimacy and Agreement	https://forms.gle/p2M2Km1SvakTjt9A8
15	Positive Parenting Solutions: Part 1-	
	Discipline, Love, Understanding and	
	Preparing, Treasuring	https://forms.gle/9h3DdeEBz5EsM8gn8
16	Positive Parenting Solutions: Part 2-	
	Teaching, mentoring, releasing, destiny	https://forms.gle/trhyU5cuiXYhSABu7
17	Parenting Style: Dad- Major Burning Issues	
	Facing Fathering Today and How Children	
	Observing It	https://forms.gle/aEw43ehyNwmMjaTc6
18	Parenting the New Generation -Prepare	
	Your Child (Ren) To Fly and Keep	
	Releasing Them	https://forms.gle/wvYF8ejJGa6YjG5P8
19	Pathways Part 1 Life, Leadership, Ministry	
	and Business	https://forms.gle/z21sCC36kQrN4ZU99

20	Pathways Part 2 Life, Leadership, Ministry	
	and Business	https://forms.gle/SSc2iDKo2YNPYjif7
21	Praying for My Children and Grandchildren	https://forms.gle/LchJkPWmRY73sGJw9
22	Pre-Marital: Part 1- Family Ties and Memory	
	Lane	https://forms.gle/LrULbrRm7XnDndHs5
23	Pre-Marital: Part 2 – Intimacy, Reality	
	Check, Financial Planning	https://forms.gle/rNjB3YrtQSm1dkgn8
24	Processing Worry and Criticism - How to	
	Cope with Worrying and Dealing with	
	Criticism	https://forms.gle/9G224jV6PHuxHKjV9
25	Relationship Rescue: Eliminating a Bad	https://forms.gle/tV3H59pCGNFiaz8i6
	Spirit	
26	Relationship Rescue: Red Alert	https://forms.gle/EGa94HBkwi46WPrK9
27	Relationship Rescue: Health Profile	https://forms.gle/NG4zEUv7JRMiW5VE9
28	Relationship Rescue: Characteristics	https://forms.gle/v7ayF1swq1p9cUYb8
29	Relationship Rescue: Lifestyle	
	accountability	https://forms.gle/HGxsZSuNxRA7ttbc6
30	Relationship Rescue: Behavioural Profiles	https://forms.gle/HFPDzWmVcbza2qBg9
31	Relationship Rescue: Communication	
	Patterns	- https://forms.gle/hAMVJ9FeVdQciP5QA
32	Relationship Rescue: Emotional, physical,	https://forms.gle/6hfecp3DGVaTsAoe6
	social and security Needs	
33	Releasing of Hurt- Determine Issues	
	Around Your Past Hurt	https://forms.gle/QxBg8o9zTfK4xQwK9
34	Spring Clean Your Life – Declutter Yourself	
		https://forms.gle/uuFd7xiW1gzCbKHX8
35	Testing the Waters: Marriage Agreement	https://forms.gle/ihFxCaaYam3Zr9ZW7

4. FINANCIAL EXCELLENCE

1	Focus on What Really Matters- Personal	
	Scorecard	https://forms.gle/fR9CGJLA6eVKUESq5
2	Money and Marriage Part 1: Our Marriage	
	Relationship	https://forms.gle/3wsy4eq4puh7vMxQ6

3	Money and Marriage Part 2: Common	
	Challenges	https://forms.gle/8GE8kCbgTXNpZt91A
4	Money and Marriage Part 3: Income and	
	Expenditure	https://forms.gle/kwYL7wAhV6W3xaFG9
5	Money and Marriage Part 4: Common	
	Problems	https://forms.gle/KwTpgGFho88XdaaA7
6	Money and Marriage Part 5: Creating the	
	Future	https://forms.gle/icyFmchsSNbQJ3S96
7	Shape Up Your Finances- Determine the	
	Way You Manage Your Money	https://forms.gle/HV8eoBqKEa8CF6zm7
8	Thriving and Flourishing: Overall	
	Happiness Redefining Who We Are Starts	
	with A Thought. That Is Why It Is So	
	Important to Control What We Think.	https://forms.gle/fMvjkR43TnTmxDFb6

5. RELATIONSHIP EXCELLENCE (TEAM)

1	Accomplishment Analysis	
	Key questions about the results and	
	accomplishments over the past 3-5 years	https://forms.gle/eQr61gj6ReZsFTNa7
2	Anticipating People Risks Part 1- Financial,	
	Planning, Leadership and Change Risks	https://forms.gle/tc9jotBEsQK1Trtj7
3	Building Motivational DNA - Motivated	
	People Advance Further and Faster in Their	
	Careers	https://forms.gle/dh4CLiVVAvatjjx4A
4	C5 - Character in Your Team- Assess the	
	Following: Character + Competency +	
	Chemistry + Credibility + Conduct =	
	Consistency	https://forms.gle/JVC3MTQEdZ47KSGVA
5	Career Advancement and Recalculation	https://forms.gle/5oXppNjWdLgbeCXi7
	Conting Vo Oritical Opinit Annuaciation	
6	Caring Vs Critical Spirit- Appreciation,	
	Positive Comments, Communicating Well,	
	Encouragement	https://forms.gle/nU5uFJiR4oXVBUAPA
7	Changing Engagement Gaps-	
	Disappointment, Discouragement,	
	Distance, Disconnect, Fully Disengaged	https://forms.gle/f5UdJse3BS8ouCkt8

8	Eliminating Trust Gaps – A Comprehensive	
	Understanding of The Issues Related to	
	Organisational Trust.	https://forms.gle/A4fLmKEJPzrmNySF6
9	Entrepreneurial resilience	https://forms.gle/Ygr2goXx1qYDBoHaA
10	Forming, Storming, Norming, Performing-	
	Identify the Present Stage of Your Team's	
	Development	https://forms.gle/KssmXDzZdfKMPxYp9
11	Golden, Rusty, Red Alerts and Blue Skies	
	Doing A SWOT Analysis for Your Team	https://forms.gle/W2H26JqrW4dLkiqh6
12	Implementing Unity- United We Stand,	
	Diversity, Social Awareness, Compare,	
	Offenses, Cliques, Straight Talk, On the	
	Same Page	https://forms.gle/UPjiAvMqDf4rFVXu6
13	Improving the Performance Culture of the	
	Team	https://forms.gle/9eEfdDswfWkpjfwy8
14	Make Time Work for You - The Challenge Is	
	Not to Manage Time But to Manage	
	Ourselves	https://forms.gle/WUmHCDcVzauuysaW6
15	Mission Directed Work Teams- Trust,	
	Conflict, Encouragement, Engagement,	
	Transparency, Thinking, Delivery, Change,	
	Togetherness, Alignment	https://forms.gle/NGBjAayiqLGjAKtQ7
16	Moral Intelligence- Acting Consistently with	
	Principles, Values, And Beliefs	https://forms.gle/WoxVBxLK4p4eUQZW7
17	My Leadership Practices- Help You Lead	
	Others to Get Extraordinary Things Done	https://forms.gle/VqiSjjHaroXS5Hno8
18	New Expectations and Competency	
	Review- How Do We Develop	
	Competencies and Stay Relevant	https://forms.gle/jECtkxRHaFDQKzK19
19	People Risks Part 2- Accountability,	
	Problem-Solving, Communicating and	
	Customer Risks	https://forms.gle/xkhRwU7GSBKStz9u6
20	People Risks Part 3- Impact, Team,	
	Outcomes, Ethical Conduct Risks	https://forms.gle/yva9hP15kzPh6XVU8
21	Personality Patterns: Other- Rate the	
	Person's Personality	https://forms.gle/iw9vFgiQAmZE51RG9
22	Personality Patterns: Self - Understanding	
	Our Personality, As Well As How Others	
	Are Different,	https://forms.gle/s2M8CfE6ea97eWyy6

23	Presenting Team Roles Identify Your	
	Preferred Team Style	https://forms.gle/8DpeYCrVbUSKpxcg6
24	Proposing the Golden Rule - Apply the	
	Principles of Ethics to Improve	
	Organisational Culture	https://forms.gle/Lgq7RVni8ekQDisu8
25	Qualities and strengths	https://forms.gle/ZbSAXfgavAkFcp9J9
26	Reality Check-Up with The Challenges	https://forms.gle/wAgjVGh4BT6QBEFCA
27	Real-Time Fine-Tuning Assessment	
	Respect, Transparency, Loyalty, Results,	
	Realities, Expectations, Accountability,	
	Commitments	https://forms.gle/TGFE4iLaH5cqebga7
28	Sales Team – Be Skilled in Selling to Your	
	Customers and Identify and Address Some	
	of Your Customer Service Challenges.	https://forms.gle/EP6sZ4eGqMH75xQNA
29	Supervisory Practices – Dealing with The	
	Supervisory Roles and Responsibilities	https://forms.gle/CwDishxNwtfNVHiw7
30	The Vision of a Leader - To Create Visions,	
	Leaders Must Become Preoccupied with	
	The Future	https://forms.gle/4zQi42v4RVh6zMVq7
31	Understanding Communication- Clarify,	
	Listen, Explore, Action and Review,	https://forms.gle/ZYXH4kpohKHBrXHt8

6. BUSINESS EXCELLENCE

1	Building Customer Care - Contact with	
	Customers Communicate Something	https://forms.gle/AwDSVvm3KXdMoUkc7
2	Business Unit Efficiency - What Blocks	
	Effectiveness and Efficiency in Your	
	Team?	https://forms.gle/gPiceYmuqHE3JAfH9
3	Customer Service Plus - Raising the Bar	
	of Service Excellence and Productivity	https://forms.gle/d4Rm2cfh2gbiU39D7
4	Developing EQ Leadership - Understand	
	the Role That EQ Plays in Effective	
	Leadership Development and	
	Effectiveness	https://forms.gle/b85uUZ36n3Ny7dyZ6

5	Energy Givers: Part 1- Declarations and	
	Affirmations	https://forms.gle/b5p9G66QDobSrF438
6	Energy Givers: Part 2- Measuring Energy	
	Waisters and Takers	https://forms.gle/RuWsQ7mRWj2q2jv1A
7	Exceptional Execution - measuring	
	leadership, strategy, workforce,	
	operations, results and problem solving	https://forms.gle/ZjFzQcPUtWqvdbXA8
8	Improving Productivity - Look at The Root	
	Causes and Not the Symptoms	https://forms.gle/5Pa2ApxX4ti9Z1EKA
9	Mastering Employee Relations - Break	
	Destructive Habits and Build Strong	
	Relationships.	https://forms.gle/MvqZsXhi3wEh9ETh9
10	Mission, Vision, Structure – Develop the	
	Overall Competitive Strategy.	https://forms.gle/snxXvrH5LCh5tA1MA
11	My Character DNA - Dependable Helper	
	Alertness, Availability, Endurance, Flexibility,	
	Generosity, Hospitality, Joyfulness	https://forms.gle/t3UQDgu1FmBfjEvK9
12	My Character DNA - Harmonious Mediator	
	Attentiveness, Compassion, Deference, Gentleness,	
	Justice, Meekness, Sensitivity	https://forms.gle/jCy879Fi2k3qsBr97
13	My Character DNA - Optimistic Analyzer	
	Boldness, Forgiveness, Obedience, Persuasiveness,	https://forms.gle/9mC7yv1LwHEo3YaF6
4.4	Sincerity, Truthfulness,	
14	My Character DNA - Resourceful Provider Cautiousness, Contentment, Gratefulness,	
	Punctuality, Resourcefulness Thriftiness, Tolerance	https://forms.gle/mu3JfuLYhjsmb2P67
15	My Character DNA - Responsible Finisher	
	Decisiveness, Determination, Humility, Initiative,	
	Loyalty, Orderliness, Responsibility	https://forms.gle/CizZct8u72M1qaMA7
16	My Character DNA - Visionary Dreamer	
	Benevolence, Creativity, Discernment, Discretion,	
	Enthusiasm, Faith, Wisdom	https://forms.gle/rYzgE8gZ2EDJjwWFA
17	My Character DNA - Wise Coach	
	Dependability Diligence, Honour, Patience, Security,	https://forms.glo/on90070VI-00:Euro7
	Self-Control, Thoroughness	https://forms.gle/anS22ZCXkG3jFyqe7
18	Organisational Effectiveness - A	
	Comprehensive Understanding of The	
	Organisational Priorities and Needs for	
	Development	https://forms.gle/RGsfgy1o7sSNF6pM6
19	Organisational Health - Gain A Holistic	
	View of Organisational Effectiveness	https://forms.gle/8p5UQDov2Nac1Gvt9
	•	•

20	Performance Appraisal – Don't Allow the	
	Process of Performance Appraisal to Be a	
	Vague, Obscure Process	https://forms.gle/GSFrVikqHM5tWy8a6
21	Problem-Solving - Generate Quality	
	Solutions to Problems Involving Creative	
	Thinking and Analytical Thinking.	https://forms.gle/QB7BubcJrsCopEjdA
22	Reputation Management - Proactively	
	Build and Manage Relationships with Its	
	Key Stakeholders.	https://forms.gle/odfGaKt1FYikg1WW8
23	World of Winning: Current Status- Vision,	
	Map, Consumer Focus, Confidence,	
	Standards, Drive, Teamwork, Support and	
	Belonging	https://forms.gle/2eASdMRHd3QL1x8E7
24	World of Winning: Preferred Status	https://forms.gle/eWwSbmJWUKBBE24f9

7. SPIRITUAL EXCELLENCE

1	Business Excellence	https://forms.gle/NBcDbscN28dDKXQ89
2	Business God's Way - Effectively	
	Operate a Business That Is Pleasing to	
	God	https://forms.gle/swhQ7em6YLaa1Xij8
3	Character Failures	https://forms.gle/r1uHgMcf2krdPPPF7
4	Character Transformation by The	
	Book: Part 1	https://forms.gle/x5ng7gruuoX6mUj26
5	Character Transformation by The	
	Book: Part 2	https://forms.gle/1jPXXcfKKednNXMB6
6	Character Transformation by The	
	Book: Part 3	https://forms.gle/9pgQWwF8j2GvALB9A
7	Character Transformation by The	
	Book: Part 4	https://forms.gle/7tKiY2f4vpuziymm7
8	Church Relevancy and Health.	
	Discover the level of readiness of a	
	church to move to a greater level of	
	relevancy and health.	https://forms.gle/U6er9P5ZSww9DfgY6

9	Creating Spiritual Maturity - These 20	
5	Statements Reveal Some	
	Characteristics of a Spiritual Mature	
	Person	https://forms.gle/NVmerBnuy4cVjsUCA
10	Five Levels of Spiritual Growth- Dead,	
10	Infant, Children, Young Adult, Parent.	https://forms.gle/WyLomVBta73cNvVA6
11	Kern Geestelike Kwaliteite	https://forms.gle/fdLmraVMoGfFd7VR6
12		https://forms.gle/Wpweoca2ALyBiCLs9
	Kingdom Impact	
13	Life-defining moments and	https://forms.gle/vhdF1R2YxAUcRjvJ7
	questions	
14	Powerful Impact Principles - This Is an	
	Amazing Tool to Help People Hear from	
	God and Learn to Listen and Be QUIET	https://forms.gle/sKv4FkkUWD9qxn4a7
15	Practices- Practices Help You to Live	
	Your Beliefs. Verify or Validate Your	
	Practices	https://forms.gle/Me2zmmfEFQc6jC3B6
16	Redemptive Gifts- Don't Put What God	
	Has Placed on Your Life on Hold.	
	Perhaps You've Wrestled with Not	
	Knowing Your Gift	https://forms.gle/n75PadtbhsKqBkKR9
17	Seismic Shift: From Awareness to	
	Effectiveness	https://forms.gle/1UEKJbjPoxdyyr8T6
18	Seismic Shift: The Root of The Issue	https://forms.gle/tfCo3mfhhjZcLhcg8
19	Servant Leadership	https://forms.gle/Tvz2FQ37FoSPZgmx5
20	Spiritual Health - For Our Spiritual	
	Health, We Need to Regularly Check	
	and Balance the Five Vital Signs	https://forms.gle/FbpF1tRbF2tNgep76
21	Spiritual Maturity	https://forms.gle/w18mFfBtX9puFeQm8
22	Thanksgiving and Gratitude	https://forms.gle/guMdL2Khn8msWQYy8
23	The Kingdom Way of Life: Part One-	
	Love, Faith, Prayer, Service, Honesty	
	and Positivity	https://forms.gle/UqNdNnBQCLANmLh69
24	The Kingdom Way of Life: Part Two-	
	Liberty, Order, Unity, Generosity, Rest,	
	Perseverance	https://forms.gle/o63THUsekmB3vxH7A
25	Ware Man: Self Evaluering	https://forms.gle/mFSzSvwSShwQXHP37
1		1